Role of Granulocyte-Macrophage Colony-Stimulating Factor and Its Receptor in the Genesis of Acute Respiratory Distress Syndrome Through an Effect on Neutrophil Apoptosis

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Hypothesis: That granulocyte-macrophage colony-stimulating factor (GM-CSF) and its receptor modulate the suppression of apoptosis (Ao) of normal neutrophils incubated in the plasma of patients with posttraumatic acute respiratory distress syndrome (ARDS).

Design: Experimental study using cultured human neutrophils.

Setting: University hospital, level I trauma center.

Participants: Plasma was obtained from 14 patients with early, fulminant posttraumatic ARDS (mean Injury Severity Score, 22). All samples were drawn within 24 hours after injury. Plasma was also taken from up to 21 healthy control subjects. These volunteers were also used as sources of polymorphonuclear leukocytes (PMNs).

Main Outcome Measures: (1) Effect of early, fulminant ARDS and normal plasma on spontaneous Ao and GM-CSF receptor expression in PMNs in vitro. (2) Effect of ligation of either GM-CSF or its receptor with a neutralizing monoclonal antibody (mAb) on PMN Ao in ARDS and normal plasma. (3) Correlation of extracellular GM-CSF concentration with rate of PMN Ao. (4) Levels of GM-CSF in ARDS and normal plasma and in culture supernatant of normal PMNs incubated in early, fulminant ARDS and normal plasma.

Results: Plasma from patients with ARDS enhanced PMN viability at 24 hours (data are given as mean ± SEM) 52% ± 3% control vs 60% ± 3% ARDS, P<.05). Binding of the GM-CSF receptor with a neutralizing mAb significantly reduced PMN viability in ARDS plasma, but not in normal plasma (60% ± 3% ARDS vs 53% ± 3% ARDS + mAb, P<.05). Ligation of GM-CSF with mAb had no significant effect on PMN viability in either plasma. Only 1% of PMNs expressed detectable levels of the GM-CSF receptor when incubated for 24 hours in either ARDS or normal plasma. The GM-CSF levels were undetectable (>7 pg/mL) in both ARDS and normal plasma and in culture supernatants taken after 24 hours of incubation in both plasma types. Levels of GM-CSF ranging from 0 to 50 000 pg/mL had no effect on PMN Ao in plasma-free medium.

Conclusions: The antiapoptotic effect of ARDS plasma appears to be mediated by the GM-CSF receptor. This effect occurs at both low levels of plasma GM-CSF and surface expression of its PMN receptor. Ligation of GM-CSF had no effect of PMN Ao, suggesting that Ao is triggered by Fc portion-mediated receptor cross-linking. These results provide the theoretical basis for a GM-CSF receptor mAb therapy as a novel modality of treatment for ARDS.

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Acute respiratory distress syndrome (ARDS) appears to be an inflammatory process mediated by polymorphonuclear leukocytes (PMNs). Large numbers of intra-alveolar PMNs accumulate in the early phase of ARDS, such that PMNs constitute 80% or more of the total cells obtained by bronchoalveolar lavage (BAL), compared with approximately 3% in normal subjects. Stimulation of PMNs to secrete elastase, myeloperoxidase, and toxic oxygen metabolites leads to the observed lung injury. Elimination of PMNs through the induction of programmed cell death or apoptosis (Ao) is thought to help modulate the inflammatory response in the lung after major trauma. Inhibition of Ao may have beneficial effects by perpetuating the phagocytic function of PMNs in inflammatory foci. It can, however, also increase the risk of ARDS by causing the abnormal persistence of inflammation and tissue destruction within the lung.

Many cytokines, including interleukin (IL) 8, granulocyte-macrophage colony-stimulating factor (GM-CSF), and growth-related oncogene-α, have been implicated in the modulation of PMN activity and survival in the lung in ARDS. We previously hypothesized that soluble factors in
early fulminant (E/F) ARDS plasma could inhibit spontaneous PMN Ao in vitro and that alterations in PMN Ao due to these factors in vivo might be implicated in the pathogenesis of E/F ARDS after major trauma.7 We reported that IL-8, although present in high concentrations in the plasma of patients with posttraumatic E/F ARDS, does not appear to modulate normal PMN Ao in vitro.7 The purpose of this study was to determine whether GM-CSF, which exists in high concentrations within the alveoli of patients with posttraumatic E/F ARDS, does not appear to modulate normal PMN Ao in vitro.7 The purpose of this study was to determine whether GM-CSF, which exists in high concentrations within the alveoli of patients with ARDS,8 plays a central role in this antiapoptotic effect. Plasma from burn patients inhibits normal PMN Ao in vitro: neutralization of GM-CSF in burn plasma with monoclonal antibody (mAb) suppresses this antiapoptotic effect.9 We therefore postulated that increases in plasma levels of GM-CSF after major trauma predispose to ARDS through the suppression of normal PMN Ao.

RESULTS

Plasma from patients with ARDS enhanced PMN viability at 24 hours when compared with control plasma (all data are given as mean ± SEM unless otherwise indicated) (60% ± 3% ARDS vs 52% ± 3% control, P < .05; analysis of variance followed by Duncan multiple range test) (Table 1). The Ao was suppressed by ARDS plasma (37% ± 2% ARDS vs 47% ± 3% control, P < .05: analysis of variance followed by Duncan multiple range test) (Table 1). In ARDS plasma, binding of the GM-CSF receptor with a neutralizing mAb (60% ± 3% ARDS vs 53% ± 3% ARDS + mAb, P < .05: analysis of variance + Duncan multiple range test) and enhanced Ao (37% ± 3% ARDS vs 47% ± 2% ARDS + mAb, P < .05: analysis of variance + Duncan multiple range test). It had no effect on viability or Ao in normal plasma (Table 1). Neutralization of GM-CSF had no effect on either viability or Ao in both ARDS and normal plasma (Table 2).

Only 1% of PMNs expressed detectable levels of the GM-CSF receptor when incubated for 24 hours in either ARDS (n = 6) or normal plasma (n = 6). The GM-CSF levels were undetectable (ie, <7 pg/mL) in ARDS (n = 6) or normal plasma (n = 6). Culture supernatants taken from ARDS patients incubated for 24 hours in either 20% ARDS (n = 6) or normal plasma (n = 6) also showed no detectable level of GM-CSF.

The GM-CSF had no effect on the viability of normal PMNs in plasma-free medium at even very high levels (50 000 pg/mL) (Figure). Similarly, there was no dose-dependent effect on PMN Ao (data not shown).

COMMENT

Prevention or termination of PMN-driven inflammatory processes such as ARDS may be effected through PMN Ao. Induction of PMN Ao with the subsequent rapid
Blockade of GM-CSF Receptor Activity

Two micrograms of anti-GM-CSF receptor blocking mAb (Pharmingen Inc, San Diego, Calif) were added to 100 000 PMNs in 80 µL RPMI 1640 sixty minutes prior to the addition of 20 µL of ARDS or volunteer plasma. The mAb (clone 17-A) is a mouse IgG2a specific for the α chain of the human receptor. This concentration of mAb (20 µg/mL) provides more than 90% neutralization of the receptor, based on inhibition of the GM-CSF dependent proliferation of the erythroleukemic cell line TF-1.10 Cells were incubated at 37°C for 24 hours and then stained and analyzed as previously described.

Blockade of GM-CSF Activity

In those experiments in which GM-CSF itself was ligated, 0.15 µg of mAb was added to 20 µL of ARDS and control plasma prior to its addition to 80 µL of PMN suspension (10⁶ cells/mL). The BVD2-23B6 clone is a rat IgG2b,2k that neutralizes human GM-CSF bioactivity: 40 ng/mL has been found to neutralize the proliferative effect of 100 pg/mL of GM-CSF.11 The 1500 ng/mL concentration of mAb used in this experiment was therefore more than enough to neutralize the GM-CSF in both ARDS and volunteer plasma and culture supernatant.

GM-CSF Dose Response Curve

One hundred thousand donor PMNs were suspended in 95 µL of RPMI 1640, to which 5 µL of sterile phosphate buffered saline (Gibco BRL, Grand Island, NY) containing varying doses of recombinant human GM-CSF (R&D Systems, Minneapolis, Minn) was added. Final GM-CSF concentrations ranging from 0 to 50 000 pg/mL were chosen because they more than encompass the range of levels detected in clinical samples of plasma and BAL fluid (BALF) taken from patients with ARDS.* Cells were incubated at 37°C for 24 hours and then stained and analyzed as previously described.

Surface Expression of GM-CSF Receptor

Granulocyte-macrophage colony-stimulating factor receptor expression was determined by adding 0.5 µg of FITC-labeled anti–GM-CSF receptor mAb to 100 000 donor PMNs, which were then incubated in the dark at room temperature for 20 minutes. Cells were washed twice and fixed with 1% methanol-free formaldehyde (Polysciences, Warrington, Pa). They were stored in the dark at 4°C until analyzed via flow cytometry within 36 hours.

Plasma and Supernatant GM-CSF Levels

The GM-CSF levels in ARDS and volunteer plasma samples and in supernatants of PMN suspensions incubated in ARDS and volunteer plasma over 24 hours were determined by means of a sandwich enzyme-linked immunosorbent assay kit (R&D Systems) as described by the vendor. The range of detectable levels was 7 to 500 pg/L.

DATA ANALYSIS

Mean values and SEs of the mean were calculated for cell viability, Ao, GM-CSF receptor surface expression, plasma, and supernatant GM-CSF concentration. The Mann-Whitney test was used to analyze the differences in viability and Ao.

Table 1. Comparison of Normal PMN Viability and Apoptosis After 24 Hours of Incubation in ARDS and Normal Plasma With and Without Blocking Anti–αGM-CSF R Monoclonal Antibody

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<tr>
<th>Group (n)</th>
<th>Viability</th>
<th>Apoptosis</th>
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<tbody>
<tr>
<td>Control with × GM-CSF R (21)</td>
<td>52 (3.4)†</td>
<td>47 (3.1)†</td>
</tr>
<tr>
<td>Control with × GM-CSF R (17)</td>
<td>54 (3.9)†</td>
<td>46 (3.9)†</td>
</tr>
<tr>
<td>ARDS without × GM-CSF R (38)</td>
<td>60 (2.5)‡</td>
<td>37 (2.2)‡</td>
</tr>
<tr>
<td>ARDS with × GM-CSF R (28)</td>
<td>53 (3.2)‡</td>
<td>47 (3.2)‡</td>
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*Data expressed as mean percentage (± SEM). PMN indicates polymorphonuclear leukocyte; ARDS, acute respiratory distress syndrome; GM-CSF, granulocyte-macrophage colony-stimulating factor; and R, receptor. †P = .38 (viability) and P = .20 (apoptosis). ‡P = .002 (viability) and P = .02 (apoptosis).

The mechanisms by which PMN Ao is suppressed after injury are still unknown. It is probably in part inhibited by soluble factors. Several studies have attempted to correlate circulating and BALF cytokine levels with risk of ARDS, systemic inflammatory response syndrome, or multiple organ failure. Bronchoalveolar lavage fluid levels of G-CSF, GM-CSF, IL-8, IL-6, ENA-78, and growth-related oncogene-α are all significantly elevated in patients with ARDS after trauma, intraabdominal sepsis, or pneumonia.12 Survival after ARDS is typically associated with a rapid reduction in BALF cytokine levels, whereas persistent elevations portend a poor outcome.3

Plasma from patients with systemic inflammatory response syndrome and major burns suppresses Ao of normal cultured PMNs.12,8 Neutralization of GM-CSF in burn plasma suppresses this antia apoptotic effect.9 Similarly, BALF from patients with ARDS inhibits normal PMN Ao when compared with volunteer lavage fluid.7 This effect can be blocked by immunodepleting BALF of G-CSF and GM-CSF,7 the alveolar levels of which are greatly increased in ARDS.10 High levels of G-CSF and GM-CSF (G-CSF > > GM-CSF) have also been isolated from the supernatants of colonic mucosal specimens taken from patients with inflammatory bowel disease.11 These supernatants inhibited
normal PMN Ao in vitro, an effect that could be abrogated with preincubation of the supernatants with an anti-G-CSF mAb (but not with anti-GM-CSF mAb). Thus, high levels of proinflammatory cytokines such as G-CSF and GM-CSF within inflammatory foci in the lung and bowel may potentiate PMN-mediated tissue injury in ARDS and inflammatory bowel disease, respectively, by suppressing normal PMN Ao.

The GM-CSF is a proinflammatory cytokine produced by several cell types such as monocytes,14 activated eosinophils,15 T lymphocytes,16 and even pulmonary fibroblasts.17 It supervises the maturation process of granulocyte and monocyte progenitors.18 Several of the biological activities of mature PMNs are also modulated by GM-CSF, which acts mainly by priming PMNs and making them more receptive to activation by secondary stimuli.

While the effects of GM-CSF on PMN function are well known, the underlying mechanisms by which GM-CSF works are poorly understood. The GM-CSF receptor is a high-affinity receptor composed of 2 subunits, α and β.19 The β subunit, which is unique to the GM-CSF receptor, is thought to serve mainly as a binding site for GM-CSF.20 It may also contribute to signaling. The α subunit, however, has a larger intracytoplasmic tail and is believed to be critically involved in GM-CSF–mediated signaling.21 The GM-CSF signal transduction seems, in part, to involve cytoplasmic tyrosine kinases (eg, Lyn).22 The physical coupling of the Lyn kinase to the GM-CSF receptor seems to be central to the inhibition of PMN Ao.23 It is unknown how kinase activation signals the inhibition of PMN Ao. It seems, however, that alterations in the expression of members of the Bcl-2 family of proteins (eg, Mcl-1, Bcl-2, A-1, Bcl-x[L], Bad, Bak, Bcl-x[S] and Bax) lead to inhibition of Ao through the maintenance of normal mitochondrial function and the suppression of cytochrome c release into the cytosol. Cytochrome c, if released into the cytosol, binds the protein Apaf-1: this complex activates the first member

<table>
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<tr>
<th>Group (n)</th>
<th>Viability</th>
<th>Apoptosis</th>
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<tbody>
<tr>
<td>Control without × GM-CSF (6)</td>
<td>47 (5.0)†</td>
<td>49 (7.0)†</td>
</tr>
<tr>
<td>Control with × GM-CSF (6)</td>
<td>54 (4.6)†</td>
<td>47 (5.3)†</td>
</tr>
<tr>
<td>ARDS without × GM-CSF (13)</td>
<td>58 (3.8)‡</td>
<td>38 (3.3)‡</td>
</tr>
<tr>
<td>ARDS with × GM-CSF (13)</td>
<td>56 (4.7)‡</td>
<td>40 (5.4)‡</td>
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* Data expressed as mean percentage (± SEM). PMN indicates polymorphonuclear leukocyte; ARDS, acute respiratory distress syndrome; and GM-CSF, granulocyte-macrophage colony-stimulating factor.
† P = .28 (viability) and P = .65 (apoptosis).
‡ P = .06 (viability) and P = .19 (apoptosis).
Activated PMNs are widely accepted as key mediators of posttraumatic ARDS. Proinflammatory cytokines such as GM-CSF prime PMNs, thereby making them more receptive to activation by secondary stimuli. Cytokines also help to regulate PMN function by modulating the apoptotic elimination of PMNs within inflammatory foci. Changes in cytokine production within the peripheral circulation and lung after major trauma can lead to a suppression of PMN Ao, the abnormal persistence of activated PMNs, and the exaggerated production of reactive oxygen intermediates and proteases within inflammatory foci. Under these conditions, PMN activity is transformed from a controlled and beneficial antimicrobial function to an excessive and autodestructive phenomenon, which can produce the lung damage associated with ARDS.

If alterations in the normal equilibrium of cytokine activity in the plasma and lung are responsible for the abnormal persistence of activated PMNs in tissues such as the lung after major trauma, therapies aimed at restoring this equilibrium may help to reduce a patient’s risk of posttraumatic ARDS. Because previous studies have shown that GM-CSF is present at high concentrations in the lungs of patients with ARDS, our study aimed to demonstrate that GM-CSF is an important modulator of PMN apoptosis in vitro. Furthermore, we wished to see whether neutralization of GM-CSF activity in ARDS plasma could restore normal patterns of PMN Ao. Our results provide the theoretical basis for anti-GM-CSF receptor monoclonal antibody manipulation of PMN Ao as a novel modality of treatment for posttraumatic ARDS.

The caspases are all homologous to the gene described in the nematode Caenorhabditis elegans. The first mammalian homologue of ced-3 to be identified was IL-1β converting enzyme. The caspases have been grouped according to sequence homology as being either IL-1β converting enzyme–like proteases (caspases 1, 4, and 5) or ced-3–ones like (caspases 3, 6, 7, 9, and 10). They are all synthesized as inactive proenzymes that are activated by proteolytic cleavage. Caspase-3 has been implicated as a key enzyme that is activated during the early stages of Ao. The active caspase-3, found only in cells undergoing Ao, consists of a heterodimer of 17- and 12-kd subunits, which are derived from the 32-kd proenzyme. The active enzyme cleaves and activates other caspases, as well as relevant targets in the cytoplasm (eg, actin) and nucleus (eg, poly[adenosine diphosphate-ribose] polymerase). Thus, the caspase cascade triggers the DNA, cytoskeletal and membrane changes characteristic of Ao. No studies have yet demon-
CSF receptor with mAB triggers PMN Ao in ARDS plasma. Ligation of GM-CSF has no effect on PMN Ao in ARDS plasma, suggesting that PMN Ao is augmented by receptor cross-linking by mAB rather than simple blockade of ligand-receptor interaction. The GM-CSF, even at very high doses, has no effect on PMN Ao in plasma-free medium, confirming that regulation of PMN Ao may occur through mechanisms other than modulation of GM-CSF binding to its receptor. These results provide the theoretical basis for anti–GM-CSF receptor mAB manipulation of PMN Ao as a novel modality of treatment for posttraumatic ARDS.


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REFERENCES


